

HOLY TRINITY

C.E. (VA) Primary School

Headteacher: Mr J Wood

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Chair of Governors: chair@holytrinity.wakefield.sch.uk
Website: www.holytrinityossett.co.uk

Dear Parents/Carers,

RE: RSHE Curriculum in the Summer Term

As we move towards the end of the school year it is really important that we prepare our children, not only for the transition to their next class/Secondary School, but also for their next stage in terms of their own growth and personal development.

We do this at Holy Trinity through our **RSHE (Relationships, Sex and Health Education)** curriculum.

It is now statutory for the following content to be taught during the year group stated below. All content is taught in an age appropriate way, using resources that are very child friendly (1 Decision).

Here is an outline of what each year group will be taught after the May Half Term holiday:

Year 3:

Children will learn how important it is to develop their sense of self, by exploring their own strengths, achievements and interests, and become equipped to deal with common challenges and setbacks.

Year 4:

Children will learn about the physical and emotional changes that take place during puberty; including key facts about the menstrual cycle and menstrual wellbeing, erections and wet dreams, the external genitalia and the importance of personal hygiene. The menstrual cycle/wet dreams session will be taught to both boys and girls, but they will be separated into an all boys group and an all girls group for this.

Year 5:

A re-cap of the year 4 puberty curriculum will take place, as well as teaching around personal identity, gender identity and how to boost and improve emotional wellbeing.

Year 6:

Children will focus on independence, and the new responsibilities they will have moving onto Secondary School, as well as lots of strategies that can be used to help manage these changes and the transitions that they face. Children will also learn about the importance of committed, loving relationships, sexual intercourse, how pregnancy occurs, contraception and consent.



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By making you aware of this upcoming unit of work in school, it gives you an opportunity for you to talk to your child in advance, if you so wish, about the content that will be taught in their year group.

Parents of Year 6 children are able to withdraw their child from the session '**Conception**' if they so wish. In the decision to withdraw then the responsibility falls to the parent to educate their child regarding 'Conception', in preparation for Secondary School. School can support parents with this if needed. Further details of the opportunity to withdraw will be sent out later in the term, before the session takes place.

Parents of children on the SEN register; SEN children will also be taught the same curriculum, but this will be done in a small group or 1:1, for specific sessions, rather than in a whole class setting, so all needs are met.

Parents of children in 3/4VM and 5/6AH; children will only receive the content specific for their year group, and will not be exposed to content from a higher year group.

If you have any further questions or queries about the RSHE curriculum and the content being taught, then please do not hesitate to contact me. Equally, please feel free to contact your child's class teacher if there are any other concerns.

Thank you for your ongoing support.

Kind Regards

Mrs Burdon

RSHE Leader

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