

What is Domestic Violence?

- Domestic violence, also called domestic abuse, includes physical, emotional and sexual abuse in couple relationships or between family members.
- Domestic violence can happen against anyone, and anybody can be an abuser.

Signs of domestic violence and abuse

- There are different kinds of abuse, but it's always about having power and control over you.

We are an operation encompass school

- If the police are called to a home address whilst a child is present, school will be informed of this. School are always available for you to talk to.

Getting help and support for domestic violence

You do not have to wait for an emergency situation to find help. If domestic abuse is happening to you, it's important to tell someone and remember you're not alone. Please

- Wakefield District Domestic Abuse Service (WDDAS) on 0800 915 1561
- Women can call [The Freephone National Domestic Abuse Helpline, run by Refuge](https://www.refuge.org.uk) on [0808 2000 247](https://www.refuge.org.uk) for free at any time, day or night. The staff will offer confidential, non-judgemental information and support
- Talk to a doctor, health visitor or midwife
- Men can call Men's Advice Line on [0808 8010 327](https://www.mensadvice.org.uk)

You can also email for support. It is important that you specify when and if it is safe to respond and to which email address:

- Wakefield support domesticabuse@wakefield.gov.uk.
- Women can email helpline@womensaid.org.uk. Staff will respond to your email within 5 working days
- Men can email info@mensadvice.org.uk

