

Try these things at home and tick off each new skill as they are achieved on your child's individual reward chart:

Autumn Challenges!



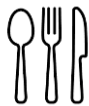
I can take off my own jumper.

Please encourage your child to learn how to take off their own jumper. Do they know how to turn the sleeves back the right way if they are inside out?



I can zip up my coat.

The seasons are changing and it's time for the cold so wearing a coat is something the children will do each day to access the outdoors. Please help them learn how to pull up their zips and fasten their coats. Do they know how to turn the sleeves back the right way if they are inside out?



I can use a knife and fork.

Each lunchtime the children are given a knife and fork to eat with. Please help your child learn how to use the cutlery, for example to scrape vegetables on to the fork, to slice through foods such as fish fingers. It all helps them!



Toileting.

Please help your child to develop their independent skills whilst going to the toilet. This includes being able to pull up/pull down clothing and pants, wipe their own bottom and wash their hands.