

# HOLY TRINITY

## C.E. (VA) Primary School



Headteacher: Mr J Wood

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11.6.24

### Year 6 RSHE Growing and Changing Curriculum

Dear Parent/Carer,

During the final weeks of Year 6, our children will be preparing for their transition to Secondary School. The RSHE curriculum ensures children are ready for this transition, through talking about their increasing independence, but also making them aware of committed relationships, sexual intercourse and pregnancy. The curriculum covered, is as follows:

#### Year 6:

- Know about how to recognise some of the changes as they grow up e.g. increasing independence.
- Know about the transition to Secondary School and how this might feel.
- Know about how relationships may change as they grow up or move to Secondary School; inc romantic.
- Know practical strategies that can help to manage times of change and transition e.g. practising the bus route to Secondary School.
- Know how to identify the links between love, committed relationships and conception.
- Know what sexual intercourse is, and how it can be one part of an intimate relationship between consenting adults.
- Know how pregnancy occurs, e.g. when a sperm meets an egg and the fertilised egg settles into lining of the womb.
- Know that pregnancy can be prevented with contraception.
- Know that the responsibilities of being a parent or carer and how having a baby changes someone's life.

The objectives will be taught over three lessons; **Becoming Independent**, **Healthy Relationships** and **Conception**. Boys and girls will be split up during the **Conception** lesson, and will be taught separately. Staff have been trained on how to deliver this material, and all resources are age appropriate and very child friendly. We support the children by answering any age appropriate questions they may have in the sessions, and encourage children to speak to their parents, carers and trusted adults after the sessions.

As a parent/carer you have the option to withdraw your child from the **Conception** lesson. If you would like to do this, please could you let your child's class teacher know. Please be aware that if your child is withdrawn from the session, other children will have had the session and there is a chance the children will talk to one another about the session afterwards. If withdrawn, it would be very beneficial to have these conversations with your child before starting Secondary School, so they are aware of the facts and do not learn about conception through their peers, or searching on the internet.



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You may want to know more about the sessions in advance, or you may have questions you would like to ask. If so, please contact me on [rburdon@holytrinity.wakefield.sch.uk](mailto:rburdon@holytrinity.wakefield.sch.uk) where I can contact you via email, or arrange a phone call, or meeting to discuss the RSHE curriculum with you. I am more than happy to help with any questions or queries you may have.

Alternatively, please speak to your child's class teacher about the sessions, where they will also be more than happy to help with any queries.

Thank you for your ongoing support.

Kind Regards

***Mrs Burdon***

**KS1 Leader and RSHE Leader**

